

Our Mom

Debora Smith is an author, speaker and involved member of the autism community. The past president of The Orange County Asperger's Support Group is a member of the Interagency Autism Group and the Orange County Autism Regional Taskforce. When Debora's not pursuing her passion of "helping our kids gain acceptance in the world and feel comfortable in their own skin," she's driving her son to marching band practice.



Saying Is Believing

"Debora has been someone I have turned to for guidance in navigating the challenges and nuances associated with raising a special needs child. ..."

Keith, parent

"Debora thinks outside the box and in doing so goes beyond the IEP, teacher conferences and school meetings making it a priority to build a relationship between the parent, student and teacher."

Denise S., parent

"Debora has significantly improved our child's experience at school. My son's teachers really appreciate the '5 Steps' strategy she helped us implement. We use it regularly now."

Michael N., parent

Reach Out to ARM

The support, guidance and hope you and your child need are close at hand. Simply reach out to ARM.

Your first consultation is free, with no obligation—as is your copy of *5 Steps to Understanding My Child*. Call or log on today.



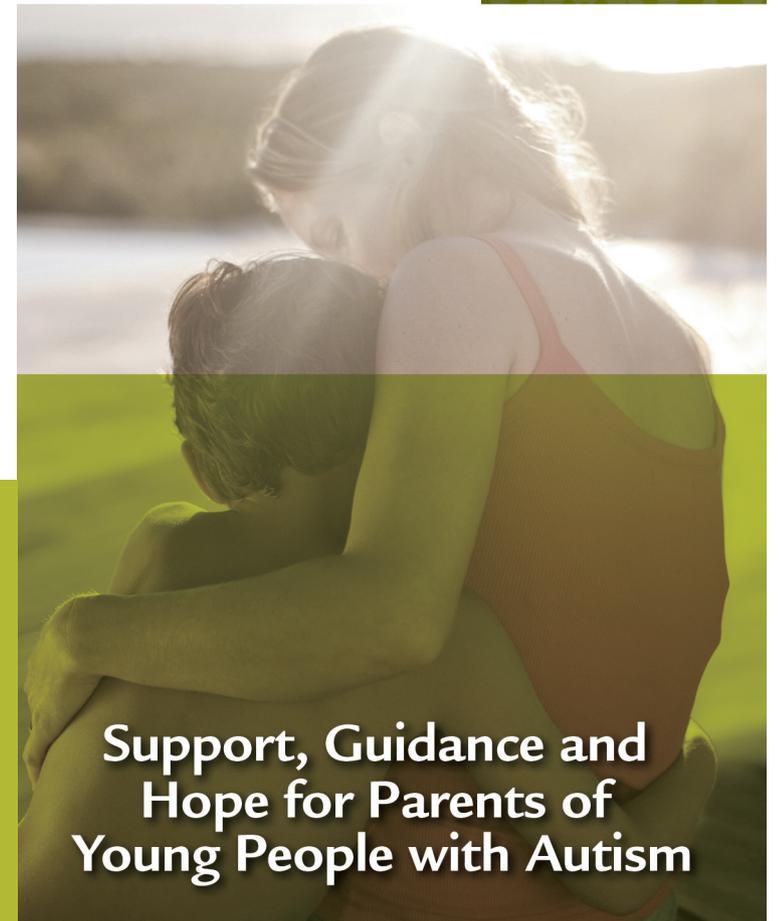
AUTISM RESOURCE MOM

714.501.8735

debora@autismresourcemom
www.autismresourcemom.com



AUTISM RESOURCE MOM



**Support, Guidance and
Hope for Parents of
Young People with Autism**

fold-in panel

back cover

cover

Knowledgeable Advice with a Mother's Love

So your child has an Autism Spectrum Disorder. What do you do? Fifteen years ago, I answered that same question with a simple, five-word response: "I don't have a clue."



Through the years, I've learned about autism. How to manage the challenges. How to celebrate the differences. Firsthand. As only a mother can.

Today, as the mother of a now-teenage boy with high-functioning autism, I'm ready to share what I've discovered—and guide you toward the most effective ways to nurture, protect and prepare your child with autism.



ARM Services for Parents

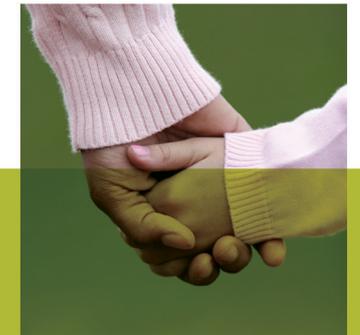
- Initial Consultation
- Individualized Strategies for Success
- Best Behaviors at Home & School
- Teaching the Teacher
- Good Foods for a Good Day
- IEP Guidance
- Independent Living Skills
- Healthy Homework Habits

Plus advice on making friends, hygiene, dating and more. All practical and affordable.



ARM Services for Professionals

I'm available to speak to you and your groups—teachers, school personnel, psychologists, 1st responders, government agencies, daycare personnel, Sunday School teachers, camp counselors, YMCAs, Boys' and Girls' Clubs, etc.—on any and all of the topics listed above.



The ARM Philosophy

I believe that there's value and dignity in all of us and that it's our job as parents to celebrate the differences as we help our children explore and grow.