Unleashing Potential in those struggling with challenging situations

Language of Advocacy:
This is a 5 week course for Parents, Teachers and Caregivers that need to develop a better understanding of Special Education, Special Education Law and Educational Planning.

Special Education Series:
8 Essential 2 hour Workshops for School Success
1. Intro to Special Education
2. Assessments and Evaluations
3. The IEP Meeting
4. Goals: Get into the Driver’s Seat
5. School Behavior Needs
6. Basics of Advocacy
7. IDEA: The Letter of the Law
8. Transitioning: College and Beyond

Coaching & Advocacy:
Specializing in Learning and Cognition, as well as IDEA law and advocacy, Danielle is available to guide you through school-based problem solving for your student. Consultation is available.

If you need one-on-one implementation, coaching and advocacy, contact Danielle Wiltchik at SpecialNeedsOC.org or call 949-378-3002.

Visit our Website—www.UPofSoCal.com to learn more and register for our workshops, courses and groups.

Special Education Courses, Coaching & Advocacy

Individual & Family Therapy
Groups and Social Skills Classes

Sibling Group:
Provides a safe environment for siblings of Special Needs children to share their feelings, explore their roles/perspectives and to give and find support from peers who are in similar situations.

Parent and Caregiver Group:
Raising a child with Special Needs can be overwhelming. Group therapy helps decrease stress, depression, and helps you gain new coping strategies. Come share your feelings and struggles with those who have similar experiences.

Individual and Family Therapy:
Magnolia “Noly” Guardamondo, LMFT is a licensed Marriage and Family Therapist of over 15 years. She has professional as well as personal experience dealing with challenging situations, as she is a parent to both a child with multiple special needs and a “typical” child. Individual and family therapy available in both Tustin and Anaheim. Fee—Sliding Scale Contact Noly at: 657-200-8772 or email her at Noly@UPofSoCal.com

Social Skills Group:
Teaches children/teens to be assertive, an active listener, an empathetic friend, a polite communicator and much more while having fun.

Collaborative Problem Solving (CPS):
A new way to help and understand “ALL KIDS”, but especially those with difficult-to-manage behaviors. This is an evidence-based approach. If the token economy and rewards & punishments are not helping with low-frustration tolerance, flexibility, impulsivity, and problem solving try CPS.

Helping the Behaviorally Challenging Child:
Courses available to parents, caregivers, educators and therapists in order to learn about Collaborative Problem Solving.
1. 4 Week Course
2. Saturday Course
3. 2 Hour Overview
4. No Cost Support Group

School/Facility In-Service Presentation:
Introductory 2-hour presentation designed to come to your location. Perfect for schools and parent support groups who deal frequently with difficult-to-manage behaviors and want to know more about the implementation, process and philosophy of Collaborative Problem Solving.

Coaching & Support:
A Collaborative Problem Solving Educator, Coach and Certified Think:Kids Mentor, Debra Ann Afarian is available to parents, caregivers, educators and professionals who deal with difficult-to-manage behaviors.

If you need one-on-one coaching or would like to schedule an in-service, contact Debra Ann Afarian at dafarian@upofscocal.com or call 714-695-1057.