

# MOBILITY SKILLS TRAINING



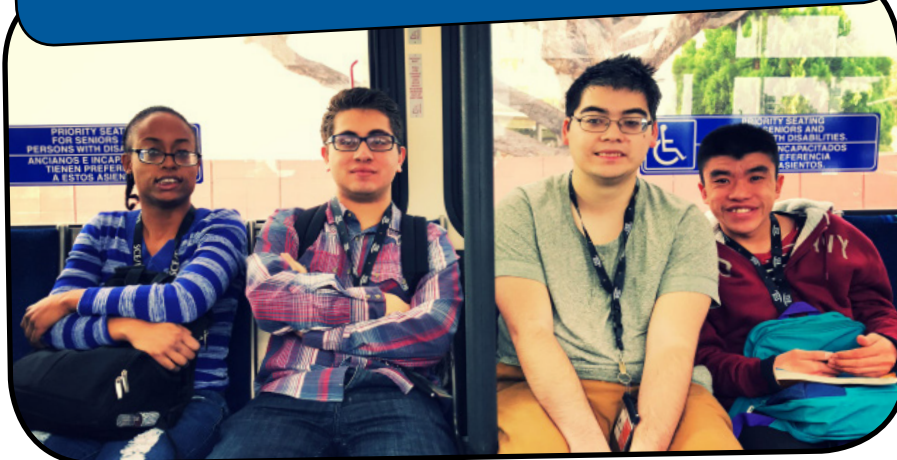
OFFERED THROUGH  
THE DSS OFFICE



“This program has helped me find my way to my destination comfortably and independently”  
-Marina



“I feel independent”  
-Benjamin



## STUDENTS WILL LEARN:



To read a bus book and plan a route



To ride a fixed route to and from school, work, and/or volunteer



To interact appropriately and safely in the community



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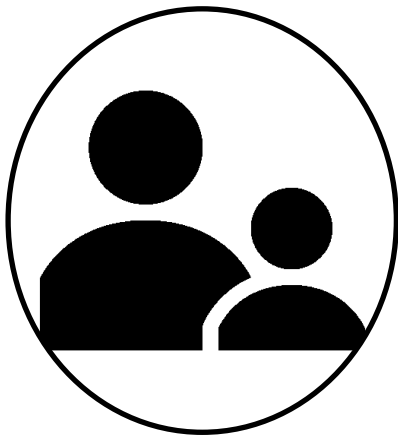
# 3 PHASES OF MOBILITY TRAINING

## Procedures in Training Students to Ride the Bus



### PHASE I: SIDE BY SIDE TRAINING

- Student is tested and evaluated to determine their current level in safety and procedures in taking the city bus.
- Instructor creates a personalized bus route and plan.
- Instructor takes students out and trains them using side by side instruction.



### PHASE II: SHADOWING

- Instructor sits in the back of the bus and observes the student follow safety rules on streets, on the bus, interaction with strangers, pulling the cord on landmarks, and following their route with no support, unless requested



### PHASE III: FOLLOW BUS

- Instructor arranges for a student to apply their route at the exact designated times the student is to be at work or school and home again.
- Instructor meets the student at their home prior to walking to the bus stop and observes from their vehicle how student applies safety lessons.